

# Community Service Plan and Implementation Plan

Mather Hospital

2019 – 2021



**Mather Hospital**  
Northwell Health®

## Mission Statement for Mather Hospital

As a member of Northwell Health, Mather Hospital strives to improve the health and quality of life for the people and communities we serve by providing world-class service and patient-centered care.

## Who We Are

Mather Hospital is an accredited 248-bed community teaching hospital located in Port Jefferson, NY that has been serving central Suffolk County for 90 years. The hospital is a recognized leader in outstanding patient care and clinical quality.

Mather Hospital is one of only 509 hospitals worldwide to be recognized as a Magnet<sup>®</sup> designated hospital by the American Nurses Credentialing Center (ANCC) for its quality patient care and nursing excellence and innovations. Mather Hospital also has been accredited by the ANCC for the first Graduate Nurse Transition to Practice residency program in New York State. Research studies have shown that nurse residency programs increase the retention and satisfaction of new graduate nurses.

Mather has received 14 top “A” grades for patient safety from The Leapfrog Group, a national nonprofit organization driving a movement for giant leaps forward in the quality and safety of American health care. No other hospital in New York State has received more top grades.

Mather Hospital and Program Director Arif Ahmad, MD have been designated an Epicenter in Robotic Bariatric Surgery by Intuitive, manufacturers of the DaVinci<sup>®</sup> surgical robotic system. An Epicenter serves as a model for robotic surgery and is considered a state-of-the-art facility with a surgeon who is a proven expert in his or her field as demonstrated by world class standards in clinical outcomes, safety, procedural efficiency, cost reduction and program management.

In 2019, Mather earned the American Heart Association/American Stroke Association’s Get With The Guidelines<sup>®</sup>-Stroke Gold Plus Quality Achievement Award. The award recognizes the hospital’s commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

Mather was rated as “high performing” for three procedures/conditions in the most recent U.S. News & World Report’s annual Best Hospitals rankings – geriatrics, nephrology, and neurology and neurosurgery.

# Prevention Agenda for the Healthiest State

Mather Hospital, as part of Northwell Health, utilizes the US Surgeon General's National Prevention Strategy (NPS) to guide its community chronic disease prevention and wellness agenda. Northwell Health incorporated the NPS in Mather's NYSDOH Community Service Plan (CSP) to impact the health of its surrounding communities. The strategic directions of the NPS include:

- Healthy and Safe Community Environments
- Clinical and Community Preventative Services
- Empowered People
- Elimination of Health Disparities

To improve the health of the community, Northwell Health as a result of the Community Health Needs Assessment (CHNA) process and approved by the Committee on Community Health of the Northwell Health Board of Trustees, has selected the following NYSDOH Priority Agenda Priority Areas, focus areas and goals for the service of the health system:

## PRIORITY AREA: Prevent Chronic Disease

1. FOCUS AREA: Healthy Eating and Food Security
  - Increase access to healthy affordable foods and beverages
  - Increase skills and knowledge to support healthy food and beverage choices
  - Increase food security
2. FOCUS AREA: Physical Activity
  - Promote school, childcare and worksite environments that support physical activity for people of all ages and abilities
3. FOCUS AREA: Tobacco Prevention
  - Prevent initiation of tobacco use, including combustible tobacco and electronic vaping products (electronic cigarettes and similar devices) by youth and young adults
  - Promote tobacco use cessation, especially among populations disproportionately affected by tobacco use including low socioeconomic status SES, frequent mental distress/substance use disorder; LGBTQIA+; and disability
4. FOCUS AREA: Preventative Care and Management
  - Increase cancer screening rates for breast, cervical and colorectal cancer
  - Increase early detection of cardiovascular disease, diabetes, prediabetes and obesity
  - Promote the use of evidence-based care to manage chronic diseases
  - Improve self-management skills for individuals with chronic diseases

## PRIORITY AREA: Promote Well-Being and Prevent Mental and Substance Use Disorders

1. FOCUS AREA: Promote Well Being
  - Strengthen opportunities to build well-being and resilience across the lifespan
  - Facilitate supportive environments that promote respect and dignity for all ages
2. FOCUS AREA: Prevent Mental and Substance Use Disorders
  - Prevent opioid and other substance misuse and deaths
  - Reduce Prevalence of major depressive disorders

The NYSDOH Prevention Agenda Dashboard Improve Health Status and Reduce Health Disparities objective that Northwell will be focusing on is age-adjusted preventable hospitalization rate per 10,000 - Aged 18+ years in addition to a focus on low income populations with health disparities.

- The Community Service Plan focuses on the following areas:
- Increasing screening rates for cardiovascular diseases; diabetes; and breast; and lung cancers especially among populations experiencing health disparities
  - Increasing access to high quality chronic disease preventive care and management in both clinical and community settings
  - Reducing obesity in children and adults
  - Reducing illness, disability, and death related to tobacco use and secondhand smoke exposure
  - Promoting mental health and preventing substance abuse related to tobacco use and secondhand smoke exposure
  - Promoting mental health and preventing substance abuse

Examples of interventions that support these areas are:

- Robust chronic disease and cancer screening programs
- Implementation of culturally relevant evidence-based chronic disease self-management education
- Creation of community environments that promote and support healthy food and beverage choices and physical activity
- Elimination of exposure to secondhand smoke and prevention of the initiation of tobacco use by youth, especially among low socioeconomic status (SES) populations and the promotion of tobacco cessation, especially among low SES populations and those with poor mental health
- Strengthened infrastructure to promote mental, emotional and behavioral well-being

## Community Benefit Programs

Community-based programs addressing both health and social needs at Mather are the key components of its Community Service Plan. Social determinants of health encompass a range of personal, social, economic, and environmental factors that influence up to 75% of health outcomes. They reach beyond the boundaries of traditional health care to include sectors such as education, housing, food, employment and environment. The following program descriptions demonstrate the depth and breadth of the hospital's CSP Implementation Plan activities that impact the health and well-being of the communities we serve.

Mather Hospital, through community partnerships and coalition building, has significantly expanded the reach and impact of community health improvement services that address the NYSDOH Prevention Agenda Priorities. Mather Hospital, also, as part of Northwell Health, provides a broad array of community benefit programs, such as:

- A. Access to Healthcare Services and Caring for the Medically Underserved
- B. Health Professions Education
- C. Community Health and Wellness
- D. Community Medical Support Services and Programs
- E. Support Groups





## A. Access to Healthcare Services and Caring for the Medically Underserved

### Financial Assistance Program (FAP)

Northwell Health is a regional leader in providing financial relief to families who do not have access to the financial resources to pay for medical care. The FAP program was implemented in 2004 through the creation of a standard policy as the result of the combined efforts of the Finance Department, Community Health and the Center for Equity of Care. Developed through a collaboration of senior leadership, community members and key staff, the policy provides a uniformly administered system of reduced fees for uninsured residents of Northwell Health's service area. All medically necessary services are covered under the program. The program is promoted through:

- Multilingual signage throughout facilities
- Multilingual educational brochures at key points of patient contact
- Website (<https://www.northwell.edu/billing-and-insurance/financial-assistance-programs-policies/financial-assistance-program>)
- Community outreach events
- Patient bills - All bills include a notice about the FAP, along with the program's toll-free number, (888) 214-4065

The FAP is available for individuals earning up to five times the federal poverty level (\$128,750 for a family of four). In addition, the application process for financial assistance has been redesigned to improve the quality and user-friendliness of the experience. Many FAP requests are now processed via telephone, relieving the patient of the burden of providing current income documentation. Additionally, the FAP application has been simplified to one page. FAP applications are available online in 15 languages at <https://www.northwell.edu/billing-and-insurance/financial-assistance-programs-policies/financial-assistance-program>. For more information or questions, please call (631) 473-1320 ext.4037.

Mather Hospital's NAPBC accredited Fortunato Breast Health Center with funding from a New York State Department of Health grant provides navigation assistance to women who are out of date with breast cancer screening or never had a mammogram. The program, which includes collaborations with a Federally Qualified Health Center and the Suffolk County Cancer Services Program, removes obstacles to ensure women access recommended mammography screening. The Breast Center's Fund for Uninsured further ensures access to mammography for uninsured women.

Mather Hospital assists uninsured inpatients to apply for Medicaid, ensuring their continued access to care in the community post discharge.

## Effective Communication in Healthcare

The Center for Equity of Care is a system wide resource and offers numerous educational opportunities to ensure the integration of cultural and linguistic competency into the fabric of the organization. To ensure meaningful access to healthcare services for persons with Limited English Proficiency (LEP) or persons whose preferred language is other than English, free medical interpretation and document translation services are available 24/7. Sign language interpretation services for the deaf and hearing impaired, as well as specific communication tools for visually and speech impaired patients are also available. For more information, please call the Center for Equity of Care at (516) 881-7000.

## Diversity and Inclusion

Diversity and inclusion are identified as essential components for the delivery of quality, safe, patient and family centered care that support principles of equity and community. Aligning with the National Prevention Strategy to eliminate health disparities and empower people in the communities we serve, the Center for Equity of Care implements a system wide educational curriculum and supporting programs. Northwell's "Unconscious Bias" e-Learning program and seminars raise awareness of unconscious filters and their impact on patient care and the workplace. CultureVision™ is an online cultural diversity resource that provides employees information to develop their cultural knowledge and enhance the delivery of culturally competent patient care.

Northwell's Business Employee Resource Group (BERG) Program enhances employee engagement; talent recruitment, retention and development; and staff serve as community ambassadors. Northwell Health has been named one of the nation's top health systems for diversity, ranking second nationally and No. 1 in New York State, according to the 2019 DiversityInc's top Hospitals & Health Systems for Diversity list.

The lesbian, gay, bisexual, transgender and queer watchdog organization Human Rights Campaign (HRC) Foundation has ranked Northwell Health as the No. 3 health system in the nation and first in New York State based on the number of facilities designated a Leader in LGBTQ Healthcare Equality, according to its 2019 Healthcare Equality Index (HEI). The following hospitals were honored: Cohen Children's Medical Center, Glen Cove Hospital, Huntington Hospital, Mather Hospital, Lenox Hill Hospital, Long Island Jewish Medical Center, LIJ Forest Hills, LIJ Valley Stream, Manhattan Eye Ear and Throat, North Shore University Hospital, Northern Westchester Hospital, Peconic Bay Medical Center, Phelps Hospital, Plainview Hospital, Southside Hospital, South Oaks Hospital, Staten Island University Hospital (North and South campuses), Syosset Hospital, Zucker Hillside Hospital. In addition, the Center for Transgender Care in Great Neck, Feinstein Institutes for Medical Research in Manhasset, Lenox Health Greenwich Village, Orzac Center for Rehabilitation and Stern Family for Rehabilitation each earned the designation. For more information, please contact the Center for Equity of Care at (516) 881-7000.

## The Katz Institute for Women's Health (KIWH) Resource Center

The KIWH is dedicated to improving all aspects of a woman's health at every stage of her life. The Resource Center offers women seamless, coordinated access to all of Northwell Health's clinical programs and services across the continuum of care. The Center is staffed Monday through Friday from 9am to 5pm. During off-hours, please leave a voice message and your call will be returned within one business day. For questions related to Women's Health, please call (855) 850-KIWH (5494).

## Northwell Health Physician Referral Service (888) 321-DOCS (3627)

Northwell Health operates a referral service to help community residents find a perfect local match for their medical needs. Information is available for physician specialties, office locations, languages spoken, hospital privileges, and accepted health insurance plans (including Medicaid and Medicare). Bilingual telephone operators are available 24/7. Information can also be found at [www.northwell.edu](http://www.northwell.edu).

## MedShare

Northwell Health partners with MedShare, an organization that recovers valuable, unused surplus medical supplies and equipment in the United States, which would otherwise be discarded. This partnership successfully bridges the gap between surplus in the U.S. and health care institutions in developing countries, which have a significant need for medical supplies and expertise. Over half of Northwell Health Hospitals and the Integrated Distribution Center provide donations, including beds, biomedical equipment, and other assorted medical supplies. In 2019, Northwell Health donated more than 17,746 pounds of unused medical supplies and 2,261 pounds of medical equipment.

## Center for Young Adult, Adolescent, and Pediatric HIV

The Center for Young Adult, Adolescent, and Pediatric HIV (CYAAPH) at Cohen's Children's Medical Center of New York provides comprehensive medical care and social support services to individuals under the age of 30, regardless of sex assigned at birth, sexual orientation, gender identity and expression. Our expert team provides compassionate medical and psychosocial care to adolescent and young adults, from infancy to age 30, who are HIV-infected. We help manage HIV with expert medical care and medication therapy; STI screening and treatment; immunizations; supportive mental health services; case management services to assist with various social determinants of health; risk reduction and U=U education; gynecological exams; nutrition services; and primary care services. CYAAPH also provides HIV prevention services such as PrEP and PEP for at risk individuals.

Housed in CYAAPH is Project inSPECT - an initiative which offers free rapid HIV testing and PrEP screenings all over Nassau and Queens County. Safer sex, LGBTQ 101, and HIV prevention workshops are offered to schools and Community Based Organizations to spread awareness of HIV and STI prevention. For more information please call (516) 622-5189.

## Serving Those Who Have Served Our Nation

The recipient of numerous awards for service to veterans, Northwell offers extensive programs to support career education and enhancement, as well as the physical and mental health of those who serve.

Barracks to Business workshops, webinars and job fairs help translate military skills into career success and Health NYserves connects veterans to more than 60 service providers.

The Rosen Family Wellness Center and the Mildred and Frank Feinberg Division of the Unified Behavioral Health Center for Military Veterans and Their Families are dedicated to enhancing the well-being of military service members, 9/11 first responders, law enforcement personnel and their families.

Northwell partners with the Northport Veterans Affairs Medical Center in the VA Women's Referral Program and with FLAG (Freedom.Loyalty.Admiration.Gratitude) on Staten Island to provide confidential and safe services for women currently serving or who have served in the military.

Northwell donated \$100,000 to the Stephen Siller Tunnel to Towers Foundation to build a new "smart" home for a disabled veteran.

Most recently, The Return brought medical experts at Northwell Health together with aerospace engineers, 3D printing pioneers and prosthetic experts to provide specialized prosthetics to a veteran amputee.



## B. Health Professions Education

### Graduate Medical Education

As a major academic health system in the New York metropolitan area, Northwell Health is dedicated to excellence in patient care, teaching, and research. More than 1,800 residents and fellows are trained each year in over 160 residency and fellowship programs at 23 member hospitals, with access to state-of-the-art simulation and a BioSkills Education Center. Clinical affiliations include Donald and Barbara Zucker School of Medicine at Hofstra/ Northwell, Albert Einstein College of Medicine, SUNY Downstate College of Medicine, New York Medical College, New York University School of Medicine and New York College of Osteopathic Medicine. The Feinstein Institute for Medical Research is among the top ten percent of research institutions that receive funding from the National Institutes of Health. At Mather Hospital, we have 107 residents and one fellow across five programs (Internal Medicine, Radiology, Interventional Radiology, Psychiatry, Transitional Year). For more information about the individual training programs at Northwell Health, please visit <https://www.northwell.edu/research-and-education/graduate-medical-education>. For information on training programs at Mather Hospital you can also visit [matherhospital.org/gme](http://matherhospital.org/gme)

### Donald and Barbara Zucker School of Medicine at Hofstra/ Northwell

In 2008, Hofstra University and Northwell Health entered into a formal agreement that established the School of Medicine, the first allopathic medical school in Nassau County and the first new medical school in the New York metropolitan area in more than 35 years. The academic partnership enhanced recruitment of faculty, leadership, and researchers; furthered the expansions of residencies and fellowships; and enhanced the integration of clinical and translational science.

### Hofstra Northwell School of Graduate Nursing and Health Professions

Launched in March 2015, the school is well poised to become a national and global leader in preparing students to meet the growing need for qualified advanced-care nurses and physician assistants who deliver community-based health care. The School offers several options for advanced learning: master's degrees in family nurse practitioner and adult-gerontology acute care nurse practitioner programs, as well as a master's degree and a dual bachelor's/master's degree program in physician assistant studies. The School expands the successful medical school partnership between Hofstra University and Northwell Health. It incorporates the University's diverse academic programs and infrastructure, as well as Northwell Health's significant clinical activities and educational resources, in its mission to provide an innovative inter-professional education to a new generation of healthcare leaders. For further information, please visit the Hofstra Northwell School of Graduate Nursing and Physician Assistant Studies' website at [hofstra.edu/nursing](http://hofstra.edu/nursing) or call (516) 463-7475.

### Registered Nurse Transition to Practice Residency Program

Mather Hospital is the first hospital in New York State to have a Transition to Practice Residency Program for new nurses. Accredited by the American Nurses Credentialing Center, the yearlong program bridges the gap between theory and practice, supporting nurse retention and the delivery of high quality care.

### Medical Scholars Pipeline Program

The Medical Scholars Pipeline Program (MSPP) at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell (SOM) is a three-year academic enrichment program for underrepresented in medicine (URM) students who show potential for pursuing a career in the healthcare professions.

The goals of the program are: 1) to expose URM high school students to various careers in the healthcare professions, and 2) to make the students more competitive applicants for undergraduate and professional healthcare programs. The long-term goal of the program is to increase the number of URM students graduating from professional healthcare schools and providing care for patients in underserved communities.

The MSPP has been in existence since 2010 and a total of 214 students have been admitted to the program. Of the 214 students admitted to the program, 112 students have completed the three-year program and 100% of the MSPP graduates have enrolled in colleges and universities. Twenty-five URM students who completed our program are now matriculating in professional healthcare programs. This number includes 14 students who are enrolled in medical schools; 4 of whom are matriculating at the Zucker School of Medicine. The MSPP continues to give students exposure to medicine in a medical school setting, college preparation, communication and leadership skills to help them pursue a career in the healthcare professions. At Mather Hospital, we have a Health Service Explorers Program for middle and high school students to learn more about healthcare careers. For more information,



please call (516) 463-7550 or visit the School of Medicine’s website at <http://medicine.hofstra.edu>. For more information on the Health Services Explorers program, please contact the Director of Volunteer Services at (631) 476-2749.

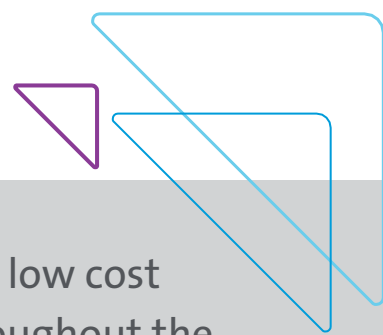
### SPARK! Challenge

Northwell Health is leading the charge on career awareness by partnering with local high schools in Nassau, Suffolk, Queens, Manhattan and Staten Island to participate in the SPARK! Challenge. More than 70 teams of employees across the health system introduced nearly 900 high school students to a wide variety of careers that require competencies in Science, Technology, Engineering and Math skills (STEM). The SPARK! Challenge engages students and showcases both clinical and non-clinical career paths available within healthcare. For more information, please email [sparkchallenge@northwell.edu](mailto:sparkchallenge@northwell.edu).

### The Greater New York Hospital Summer Enrichment Program (SEP)

Northwell Health participates in the SEP, an internship program for undergraduate and graduate students pursuing a degree or concentration in health services management. Students work with members of Northwell Health leadership to gain firsthand experience in the major issues, skills, and responsibilities involved in day-to-day management of healthcare facilities. The program seeks to promote diversity in healthcare management, and members of underrepresented communities are strongly encouraged to apply. For more information, please contact the Center for Equity of Care at (516) 881-7000.





Mather Hospital offers free and low cost health education programs throughout the year on a variety of topics.

For more information, please email [Communityrelations@northwell.edu](mailto:Communityrelations@northwell.edu).

### Community Health Programs and Screenings

Northwell Health provides community residents with free health screenings in conjunction with national campaigns (heart health, blood pressure, lung cancer, and skin cancer) and throughout the year at educational events, all of which are open to the public. Individuals may be referred for follow-up care at Northwell Health. Uninsured individuals who require follow-up care can utilize the services of Mather Hospital's sliding fee scale program, with services starting at \$0. Northwell Health participates in more than 13,000 community health programs annually.

In addition to cancer and heart related screenings, Mather Hospital offers screening for lymphedema, eating disorders and behavioral health. In February, we offer multiple community education and screening activities for Go Red for Women. In October we have a month long community awareness and education campaign for breast cancer screening, called Paint Port Pink, that includes events such as Women's Night Out, where women had the opportunity to sit down for a conversation with a breast cancer radiology physician.

## C. Community Health and Wellness

### Healthy U

Mather Hospital offers a seminar series and interactive health fair focused on your physical, emotional and financial well-being each spring and fall. The health fair includes blood pressure screenings, BMI calculator, interactive exhibits from Mather signature programs and local health organizations. The program schedule changes for each seminar; past topics have included:

- You are what you eat – Are you eating enough fruits and vegetables?
- A checklist for health after 60 – Are you up-to-date on your vaccines and medical tests? Do you know what is recommended at what age?
- Tax tips for retirees – Learn strategies you can use to enjoy your retirement to its fullest

For those who prefer online education, we offer two wellness blogs, which can be found at [matherhospital.org/blog](http://matherhospital.org/blog)

## Speakers Bureau

Mather Hospital's experts in medicine, health and wellness are available to community groups through our Speakers Bureau. The complimentary health education programs are geared for the general public. Topics on which our experts can speak include: Are You at Risk for Heart Attack and Stroke?, Back and Neck Pain Relief, Breast Health and You – Mammograms and Self-Exams, Congestive Heart Failure – Improving Quality of Life for Patients and Caregivers, Diabetes and pre-diabetes, Eating Disorders in Adolescents and Adults, Healthy Weight, Healthy Life – Good Nutrition and Exercise for Optimal Health, Hip, Knee and Shoulder Pain Relief, Lung Cancer Screening Program, Osteoporosis and bone health, Sleep Disorders – The Health Risks of a Bad Night's Sleep, Substance Abuse - Drug and Alcohol Abuse and Opioid Overdose Prevention, Volunteering at Mather Hospital, Wound Care- Hope for Wounds that Won't Heal.

For more information please visit <https://www.matherhospital.org/community-resources/speakers-bureau/> or call (631) 476-2723.

## FollowMyHealth™

To help patients take a more active role in their health and wellness, Northwell Health rolls out a web-based patient portal that allows patients to access their personal health information anywhere and anytime. FollowMyHealth™ is available to patients who have received care from Northwell Health hospitals and physician practices.

To access the portal, please visit <https://www.northwell.edu/manage-your-care/patient-portal> or call (844) FMH-8108.

## Long Island Health Collaborative (LIHC)

Northwell Health is a founding member of the LIHC which was established in 2013. LIHC's goal is to help Long Islanders understand why prevention and primary care are important, why each patient must play a more active role in their own health, what resources and services are available here on Long Island, and how these resources and services can be accessed. LIHC is a working group of hospital members, local health department personnel, representatives from social service organizations, public health specialists from colleges, and others who form the core of health and human services for all Long Islanders. The LIHC focus areas are: obesity, chronic disease and mental health.

For more information, please contact Community Relations at (631) 396-6700 or visit <https://www.lihealthcollab.org/>

## Living Healthy

Living Healthy, Northwell Health's Chronic Disease Self-Management Program (CDSMP), is a 6-session, evidence-based health education program for people with any type of ongoing health problems. This program is designed to help people gain self-confidence in their ability to control their symptoms and manage how their health condition affects their lives. To date, 33 programs have been held in English and Spanish, reaching more than 300 community members. Mather Hospital offers a monthly support group for those with chronic conditions, Chronic Conditions & Healthy Living, facilitated by a Nurse Practitioner. For more information please call (631) 473-1320, ext. 5420. Mather Hospital also offers a multi-week Diabetes Management and Prevention course with a Diabetes Nurse Educator. To register please call (631) 476-2723

For more information on the Chronic Disease Self-Management Program (CDSMP), please contact Community Relations at (631) 396-6700.

## Stepping On

More than one out of four adults aged 65 or older falls each year, leading to both fatal and non-fatal injuries, and threatening safety and independence. Stepping On is an evidence-based community prevention program that empowers independent, older adults to carry out health behaviors that reduce the risks of falls. More than 500 people have attended the 7-week program which is based on adult education and self-efficacy principles. In a small group setting, older adults learn balance and strength exercises and develop specific knowledge and skills to prevent falls. Workshops are facilitated by trained leaders.

For more information, please call the Center for Equity of Care at (516) 881-7000.

## Stop the Bleed

Stop the Bleed, an initiative of the American College of Surgeons, was launched in October 2015 by the White House. It's a national awareness campaign and a call to action intended to educate, train and empower civilian bystanders with the necessary skills and tools to help in a bleeding emergency before professional help arrives. When a response is delayed, massive bleeding from any cause can result in death. Similar to how the general public learns and performs CPR, the public must learn proper bleeding control techniques, including how to use their hands, dressings and tourniquets. Stop the Bleed is available to any organization interested.

For free hands-on training, call the Northwell Trauma Institute at (516) 321-8280.

## D. Community Medical Support Services and Programs

### House Calls Program

Northwell Health's House Calls Program provides home-based care for frail, chronically ill patients who have difficulty getting to their doctor's office. The program provides advanced illness management, with a variety of services available to them at home and was recently recognized by CMS for success in their Independence at Home Project providing home-based primary care. Clinicians are available to make urgent visits during the week and are available nights and weekends to answer clinical questions from patients and caregivers, or arrange urgent services. In addition, Northwell Health's community paramedic program provides a 24/7 in the home clinical response with an on-line medical doctor utilizing telemedicine capabilities for at-risk patients requiring urgent care.

For more information, please call (516) 876-4100.

### Blood Donor Services

Each year, employees of Mather Hospital help to ensure an adequate blood supply for New Yorkers in need by donating blood. In 2019, more than 8,303 pints of whole blood were donated by employees of Mather Hospital and Northwell Health.

### American Heart Association (AHA) Training Center

The AHA Training Center provides trainings in Basic Life Support (BLS), Pediatric Advanced Life Support (PALS), and Advanced Cardiac Life Support (ACLS) to healthcare professionals who require certification. Additionally, this training site offers numerous (CPR, AED, Emergency First Aid) programs to community members, including schools, faith-based organizations, expectant parents, childcare providers, community children's sports league volunteers, and the general public.

Please call (631) 476-2729 for more information.

## Public Access Defibrillation Program (PAD)

The PAD program is designed to increase the availability of automated external defibrillator (AED) devices in the community as well as empower people within the community to use them through AED/ CPR training and education. The PAD staff assists local organizations with establishing an emergency response that includes the use of an AED, as well as both initial and refresher training in CPR and AED use.

For more information, please call (516) 881-7000.

## Center for Tobacco Control (CTC)

Northwell Health's Center for Tobacco Control provides tobacco cessation treatment and support, including individual and group counseling, and support groups, reaching 2,249 individuals in 2019. The CTC received 1,610 referrals from Northwell Health Physician Partner practices. The CTC also provides preventive services to community members and employees, as well as comprehensive evidence-based tobacco dependence treatment education to healthcare providers and healthcare students, educating over 7,386 providers last year. The CTC provides tobacco control educational programs to the community in the form of health fairs, classroom presentations, expos, and other events, reaching more than 9,500 children and adults in 2019. The CTC guides leaders in healthcare organizations to develop policies that mandate tobacco dependence treatment for all tobacco users, in both the inpatient and outpatient settings. Please visit <https://www.northwell.edu/doctors-and-care/smoking-cessation>, or call (516) 466-1980, or email [tobaccocenter@northwell.edu](mailto:tobaccocenter@northwell.edu) for more information.

Mather Hospital collaborates with Suffolk County Department of Health Services to offer onsite Tobacco Cessation workshops please call (631) 476-2723 for information on upcoming sessions. Open to the community, patients are also referred from Mather Hospital's lung cancer screening program. To register please call Suffolk County Department of Health at (631) 853-2928.

## Gift of Life

Currently, almost 114,000 people in the U.S. are awaiting life-saving organs for transplantation. In 2018 36,528 transplants were performed. Each day 20 people will die due to the shortage of donated organs. In an effort to increase organ and tissue donor awareness, Northwell Health hosts annual Gift of Life programs for employees and visitors. Donor families and recipients participate in these events to acknowledge the importance of this need. Northwell Health, in collaboration with the New York Donor Network, provides education throughout the year to the public regarding the importance of organ and tissue donation. For more information, please contact the Northwell Health Transplant Center at (516) 472-5800.

## Queens World Trade Center (WTC) Health Program

Northwell Health is home to the Clinical Center of Excellence funded through the James Zadroga 9/11 Health and Compensation Act to provide annual monitoring and treatment for WTC related health effects to 9/11 responders. Eligible members receive confidential physical and mental health monitoring and treatment within the Center and through referrals to the Northwell Health network of providers. In addition to monitoring and treatment examinations, the Center provides outreach and education, social services, benefits counseling, work related benefits counseling, and case management. All WTC Health Program services are federally funded and provided at no cost to responders.

For more information, contact the Queens Clinical Center at (718) 267-2420, or the WTC Health Program at (888) 982-4748, or email [wtc@cdc.gov](mailto:wtc@cdc.gov) or visit [www.cdc.gov/wtc](http://www.cdc.gov/wtc).

## E. Support Groups

Support groups offer people with similar medical conditions and life challenges an opportunity for discussion, a sharing of experience and knowledge, and a place to ask questions. Mather Hospital provides free, ongoing support groups for the community in the following areas: Al Anon, Alcoholics Anonymous, Bereavement, Breast Cancer Survivors, Chemical Dependency, Chronic Conditions and Healthy Living, Diabetes Management and Prevention, Dystonia Foundation, Emotions Anonymous, Eating Disorders, Live, Love And Laugh Again (Breast Cancer Support Group), Living Hope For Mental Health, Lung Cancer, Lymphedema, Medicare Counseling, Mood Disorders, Newly Diagnosed Women With Breast Cancer, Overeaters Anonymous, Reach To Recovery (Breast Cancer Support Group), Sarcoidosis, Smoking Cessation, Suffolk Asperger's/Autism Support And Information (SASI), And Stroke. Strength for life support groups provides free exercise classes for cancer patients utilizing resistance bands, stability balls and floor walk.

For more information about support groups at Mather Hospital, please call (631) 476-2723.



## F. Joint Implementation Strategy

Community Served: Suffolk County NYS DOH Implementation Plan for the following hospitals: Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital and Southside Hospital in coordination with other Health System resources, including other partners, has addressed each significant health need identified through the Suffolk County CHNA report The CHNA Implementation Strategy was conducted in fulfillment of the requirements of 501(r) of the The Affordable Care Act applicable to a 501(c)(3) hospital organization				
Priority: Prevent Chronic Diseases Focus Area: Healthy Eating and Food Security; Tobacco Prevention; Physical Activity; Preventative Care and Management Disparities: Focus on low income populations with health disparities				
Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 1.1 Increase access to healthy and affordable foods and beverages	By December 31, 2021, increase the number of employees pledging to complete health risk assessments and viewing wellness videos by 10%. By December 31, 2021, increase the number of healthy food and beverage vending items by 10%. By December 31, 2021, increase the number of fresh produce access sites for patients, visitors and employees by 15%.	Adopt policies and implement practices to reduce (over) consumption of sugary drinks by implementing worksite wellness programs including nutrition and physical activity interventions as part of a comprehensive worksite wellness program. Components include: Educating and informing through classes, distributing written information or utilizing educational software; Conducting activities that target thoughts and social factors to influence behavior change. Examples include individual or group behavioral counseling, skill-building activities, providing rewards, and building support systems among co-workers and family members; and changing physical or organizational structures that reach the entire workforce and make the healthy choice the easy choice. Examples include changing the options in cafeterias or vending machines; providing more opportunities for physical activity; modifying health insurance benefits; or offering memberships to health clubs.	HR Employee Wellness Pledge data; employee wellness program engagement; vending audits; fresh produce access; policy and built environment changes

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Peconic Bay Medical Center, and Southside Hospital	Goal 1.3 Increase food security	<p>By December 31, 2021, increase inpatient food security screening by 25% through EMR integration of screens into provider workflows.</p> <p>By December 31, 2021, increase Food As Health Program to 3 sites.</p>	<p>Integrate one of the Hunger Vital Sign Screening questions into system inpatient enterprise EMR as part of admission workflows, identify food insecure patients and refer to appropriate health system staff and facilitate and actively support referral to community food resources.</p> <p>Launch Food As Health Programs which are a hospital-community partnership among LI Harvest and Gods Love We Deliver that screens inpatients for food security and provides onsite emergency food, nutrition counseling, SNAP enrollment and community social service navigation in addition to home-based interventions for non-ambulatory patients with nutrition related diagnosis (i.e. diabetes, hypertension, and unintended weight loss).</p>	EMR Screening: Food Security Screening rates; Food Insecurity Prevalence; Referrals to providers and Community Resources. Food As Health(FAH): Food Security Screening rates ; Food Insecurity Prevalence; Referrals to hospital providers, On-site FAH CBO Registered Dietitian, Community CBO ( i.e. Local Food Bank Home Delivery Partner) and referrals to Medically Tailored Home Delivery Partner ( i.e. God's Love We Deliver) and Community Food Resources (i.e. local food pantries); Pounds of fresh produce and non-perishables distributed at FAH Center; SNAP applications completed; referrals to non-food related community social services; Post FAH Engagement Food Security Status, food procurement and eating behavior changes
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 1.3 Increase food security	By December 31, 2021, increase hospital food donations and rescue by 25% in partnership with local food community based organizations.	Cohen Children's Medical Center Kohl's Cares Program support of Island Harvest's Kids Weekend Backpack Feeding Program. Suffolk and Nassau County schools in areas with increased prevalence of food insecurity partner with Island Harvest and Cohen's Children's Medical Center to implement the program at their school. Children are assessed and referred to the program by the school social worker and each Friday afternoon, students receive our special food packs, free of charge, to take home during the weekend.	Number of school districts, schools and children enrolled; number of meals and snacks distributed; impact on local Island Harvest Feeding America Child Hunger Statistics
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 1.3 Increase food security	By December 31, 2021, increase employee food drives by 10%.	Establish a partnership with food banks to organize Northwell Health Healthy Food Drives to supply foods needed for client modified diets utilizing an online CBO portal to improve efficiency, access and evaluation of program.	Track # food drives, sites and pounds of food donated; track CBO food partner food insecurity/hunger measures



Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 1.1 Increase access to healthy and affordable foods and beverages	By December 31, 2021 support existing and increase Healthy Corner Stores in communities with health disparities and lack of access to affordable health foods by 33%.	Cohen Children's Medical Center Kohl's Cares Program in partnership with Cornell Cooperative Extension of Suffolk County will support of existing Healthy Corner Stores in Roosevelt and expand initiative to Suffolk County.	Healthy Corner Store Initiatives Measures
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 3.1 Prevent initiation of tobacco use	To increase by 10% the educational activities regarding the dangers of tobacco use and vaping in the community to prevent youth tobacco use.	Use media and health communications to highlight the dangers of tobacco, promote effective tobacco control policies and reshape social norms. Decrease youth use and availability of flavored tobacco products including menthol flavors used in combustible and non-combustible tobacco products and flavored liquids including menthol used in electronic vapor products through community education.	Amount and type of earned media; amount and type of Northwell community awareness events and media; change in participant knowledge/behaviors; policy/legislation created
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 2.2 Promote school, child care and worksite environments that increase physical activity	By December 31, 2021, increase the number of Northwell employees engaged in worksite wellness physical activity initiatives by 10%.	Northwell Health system-wide Walking Challenges.	# teams; # individuals;# steps/miles; participant platform engagement metrics
Peconic Bay Medical Center	Goal 2.2 Promote school, child care and worksite environments that increase physical activity	By December 31, 2021, to promote childhood physical activity and increase access to school-based physical activity program, Northwell Peconic Bay Medical Center and Cohen Children's Medical Center in collaboration with area organizations will increase by 10% the number of Nassau and/or Suffolk County schools participating in the national Project Fit America (PFA) Program.	To promote childhood physical activity and increase access to school-based physical activity program, Northwell Peconic Bay Medical Center and Cohen Children's Medical Center in collaboration with area organizations provides the national Project Fit America (PFA) Program to schools in Suffolk County providing grants to install PFA equipment and curriculum in elementary schools on the East End of Long Island. Because of PFA, the students at these schools have shown a significant increase in physical fitness and the schools built physical education environment has been modified.	# school participating, # students participating, student participant physical fitness improvements; # school physical education built environments modified

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, and Southside Hospital	Goal 2.3 Increase access, for people of all ages and abilities, to indoor and/or outdoor places for physical activity	By December 31, 2021, increase in Stepping On Falls prevention program focusing on daily strength and balance exercises delivered by Northwell Health STARS Rehabilitation and Northwell Trauma Centers participation by 10%.	Deliver community Stepping On Programs.	# programs; # participants
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, and Southside Hospital	Goal 4.2 Increase early detection of cardiovascular disease, diabetes, prediabetes and obesity	By December 31, 2021 increase community access to community chronic disease screening rates especially in areas with increased prevalence of health disparities by 5%.	Evidence-based guideline chronic disease community screenings, health education and referrals to care.	# screenings; types of screenings; # screenings in communities with health disparities; # referrals to care
Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 2.3 Increase access, for people of all ages and abilities, to indoor and/or outdoor places for physical activity	By December 31, 2021, increase Long Island Health Collaborative Ready Feet Platform activity by 10%.	Are You Ready, Feet?™ walking program.	School based Challenges: Number of schools and children participating; number of total steps walked; Community Participation: # community member accounts, # miles logged; total logs ( activity)
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 3.2 Promote tobacco use cessation	<p>By December 31, 2021, increase provider compliance with 5A's (chart December review) tobacco cessation counseling by 10%.</p> <p>By December 31, 2021, increase in volume of electronic medical record for tobacco counseling by 10%.</p> <p>By December 31, 2021, increase in number of tobacco cessation trained provider's especially behavioral health providers by 10%.</p>	Assist medical and behavioral health care organizations and provider groups in establishing policies, procedures and workflows to facilitate the delivery of tobacco dependence treatment, consistent with the Public Health Service Clinical Practice Guidelines, with a focus on primary care providers providing care to low income populations and behavioral health providers. Promote Medicaid and other health plan coverage benefits for tobacco dependence counseling and medications. Provide improved access to cessation resources through online programs with Eventbrite registration and reminders, telehealth, phone coaching and EMR cessation referrals.	Track # of trainings, sites, participants and policy changes. Track Grand Rounds - increase in knowledge & intent to change behavior. Track # Protocols integrated into provider practice. Track annual provider practice specific EMR tobacco use screening, counseling and referral data. Survey of participants' satisfaction with program, knowledge, and intent to change practice behavior. Track # of trainings. Track telehealth, online and Eventbrite usage. Track # planning meetings scheduled to discuss curriculum

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 3.1 Prevent initiation of tobacco use	By December 31, 2021 prevent the increase in youth combustible tobacco and vaping rates and promote a reduction in vaping by community awareness campaigns and education of decision makers.	Community awareness and education campaigns by the Northwell Center for Tobacco Control (CTC), Staten Island University Hospital, Northern Westchester Hospital, Phelps Hospital and Cohen's Children Medical Center.	# programs; # participants; tobacco and vaping policy changes ; NYS Quitline usage; earned media stats
Huntington Hospital and Southside Hospital	Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity	By December 31, 2021 increase the Northwell Health enterprise social determinant of health screening and community resource navigation using EMRs and community social service resource bi-directional referrals by 25%.	Integrate 15 social determinant of health questions into system inpatient enterprise EMR as part of admission workflows, identify patients with needs and refer to appropriate health system staff and facilitate and actively support referral to community resources. Pilot NOWPOW community social determinants of health resource platform with bi-directional health system and CBO referrals.	# screenings; # unique individuals screened; #/% individuals 1> positive needs; types and prevalence of needs; types and providers of service referrals
Huntington Hospital and Southside Hospital	Goal 4.1 Increase cancer screening rates	By December 31, 2021 increase the Northwell Health enterprise social determinant of health screening and community resource navigation using EMRs and community social service resource bi-directional referrals by 25%.	Integrate 15 social determinant of health questions into system inpatient enterprise EMR as part of admission workflows, identify patients with needs and refer to appropriate health system staff and facilitate and actively support referral to community resources. Pilot NOWPOW community social determinants of health resource platform with bi-directional health system and CBO referrals.	# screenings; # unique individuals screened; #/% individuals 1> positive needs; types and prevalence of needs; types and providers of service referrals
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, Plainview Hospital, Southside Hospital and Syosset Hospital	Goal 4.1 Increase cancer screening rates	By December 31, 2021 increase Northwell Health cancer screening by 5% through the utilization of technology and community and mobile screenings.	Mather, Peconic Bay, Plainview, Syosset, Southside and Huntington Hospitals offer skin cancer prevention/free sunscreen dispensers/ skin cancer screening in non-clinical settings in partnership with local parks and recreation departments and other organizations.	# sites; # dispensers; # participants; number of screenings; # positive screenings; # referrals

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Peconic Bay Medical Center	Goal 4.1 Increase cancer screening rates	By December 31, 2021 increase Northwell Health cancer screening and community education by 5% through the utilization of technology and community and mobile screenings.	Staten Island University Hospital, Long Island Jewish Medical Center and Peconic Bay Medical Center provide cancer services program in 3 locations covering 3 Counties (Richmond, Queens and Suffolk) to provide breast, cervical and colorectal cancer screenings and diagnostic services at no charge to uninsured or underinsured women and men. Bilingual outreach and education is also performed.	3 and types of screenings; 3 positive screenings; # referrals for care; sites of screening; # screenings providing access to at risk populations
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity	Increase program engagement by 10% by December 31, 2021.	To reduce unplanned readmissions and unnecessary suffering of patients who have recently been hospitalized, Northwell Health has deployed Conversa, a technological solution that is an automatic texting application that empowers patients to manage their post-discharge care. The application enhances patient experience and extends the reach of our transitional care team outside of the hospital. Since the launch in April 2018, Conversa has been utilized in Health Solutions' nine transitional care programs which include Medicare, Medicaid, and commercial payer populations. Patients are provided an opportunity to enroll in six diagnosis or procedure specific modules, Acute Myocardial Infarction (AMI), Heart Failure (HF), Pneumonia (PNA), Chronic Obstructive Pulmonary Disease (COPD), Stroke, and Coronary Artery Bypass Graft (CABG) with the choice between two languages, English or Spanish. Patients who are not discharged with any of these specific measures, with exception to patients who have received joint replacements, can receive a Generic conversation. Health Solutions has enrolled a total of 3,900 patients on Conversa, increasing the number of meaningful patient interactions from 5.3 to 10.8. Compared to 2018, there has been a 158% increase in total enrollments in 2019 YTD, averaging 275 new enrollments every month. Health Solutions is aiming to expand Conversa for Medicare & Medicaid joint patients in the first quarter of 2020.	Program adoption of technology, enrollment, patient usage data (i.e. number of meaningful patient interactions) and future measure of health impact

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, and Southside Hospital	Improve self-management skills for individuals with Chronic Disease	By December 31, 2021, increase the number of participants that enroll and complete in the National Diabetes Prevention Program by 5%.	The National Diabetes Prevention Program delivered by Northwell Health Solutions and Peconic Bay Medical Center	# participants enrolled; # participants completed; aggregate health outcomes: weight loss, HgbA1C
Huntington Hospital, Mather Hospital, and Southside Hospital	Improve self-management skills for individuals with Chronic Disease	By December 31, 2021, increase the number of participants that enroll and complete the Stanford Chronic Disease Self-Management Programs by 5%.	The Stanford Chronic Disease Self-Management Program delivered by the Northwell Ryan White Center, Southside Hospital and Mather Hospital Community -based Organizations and in collaboration with the Long Island Health Collaborative.	# participants enrolled; # participants completed
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Use media such as social media, videos, printed materials (letters, brochures, newsletters) and health communications to build public awareness and demand	Increase media awareness channels and community reach by 10% by December 31, 2021.	Northwell Health media channels that provide health information on chronic disease management and prevention.	Northwell Health media tracking: articles; potential reach. Northwell Health Newsroom traffic: Avg. Page Views per month. Northwell Publications: circulation. Northwell Social Followers: Facebook; LinkedIn; Twitter; Instagram; YouTube

Community Served: Suffolk County NYS DOH Implementation Plan for the following hospitals: Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital and Southside Hospital in coordination with other Health System resources, including other partners, has addressed each significant health need identified through the Suffolk County CHNA report. The CHNA Implementation Strategy was conducted in fulfillment of the requirements of 501(r) of the Affordable Care Act applicable to a 501(c)(3) hospital organization.

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders  
 Focus Area: Promote Well-Being and Prevent Mental and Substance Use Disorders  
 Disparities: Focus on low income populations with health disparities

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Focus Area 1: Promote Well-Being	By December 31, 2021, increase by 10% the employees participating in enterprise local hiring initiatives.	"From the Community For the Community"- a healthcare workforce development program. Committed to improving an individual's total health, this program trains job seekers from communities with health disparities and connects them with entry-level healthcare and social service positions as Community Health Workers (CHW). ABLE BERG - Northwell local hiring initiative for people with Autism Spectrum Disorders; Veteran's Hiring Initiative - Northwell initiative to recruit and hire veterans.	# applicants, # participants enrolled, # participants completed program, # participants hired, # and type of training and employment sites; participant career progression
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital and Southside Hospital	Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan	By December 31, 2021 increase number of caregiving center by 33% and form enterprise Caregiver Business Employee Resource Group.	The nationally recognized Northern Westchester Hospital Ken Hamilton Caregivers Center is open to all community members regardless of where they receive care and is staffed by social workers and caregiver coaches. The Center provides counseling for caregivers, navigation to community resources, workspace, nourishment and a space for caregiver respite. The Center also assists other organizations outside of Northwell Health to establish similar models. The Northwell Peconic Bay Medical Center Caregivers Center and Huntington Hospital Caregivers Center modeled after the Ken Hamilton Center in Westchester County opened in 2019. Northwell Caregivers Business Employee Resource Group is an enterprise network for employees who have an interest in promoting supports for Caregiving both within Northwell and in the community.	Caregiver Centers: # visitors, # and type of resources accessed or navigated to; visitor feedback of center

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 2.2 Prevent opioid overdose deaths	By December 31, 2021 increase by 25% the access to and appropriate use of NAL-SAT and MAT in the ED for patients.	Naloxone Saturation Campaign (NAL-SAT) is available in all 18 Northwell emergency departments and 5 primary care practices, NAL-SAT is an Opioid Overdose Program which provides an education on prevention, recognition, response and a Naloxone rescue kits free to patients, family friends and staff. Medication for Addiction Treatment (MAT) is currently offered to patients in 1 of the 6 learning laboratories in the health system- 4 emergency departments, 1 primary care practice, and 1 inpatient unit. Medications include those such as Buprenorphine in combination with psychosocial support provided by one of our Northwell Health treatment facilities.	# trainings; # participants; participant evaluations
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 2.2 Prevent opioid overdose deaths	Promote and encourage prescriber education and familiarity with opioid prescribing guidelines and limits as imposed by NYS statutes and regulations through Northwell Opioid Task Force.	Promote and encourage prescriber education and familiarity with opioid prescribing guidelines and limits as imposed by NYS statutes and regulations through Northwell Opioid Task Force.	# participants enrolled; # participants completed; aggregate health outcomes: weight loss, HgbA1C
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 2.2 Prevent opioid overdose deaths	By December 31, 2021 increase provider SBIRT screening and community based care substance use referrals by 50%.	SBIRT screening and referral process integrated into Northwell enterprise inpatient, emergency department and ambulatory EMRs and healthcare provider workflows in 14 hospitals, 16 emergency departments, and 5 primary care practices spanning Northwell's 6 county service area. Project Connect is a complementary program developed in collaboration with the Central Nassau Guidance & Counseling (CBO) to provide external navigation for patients struggling with substance use. Patients are provided with support and assistance for 120 days following enrollment during an emergency department visit. These programs are part of a 4 layer framework that also includes the SBIRT screening process (foundation) Naloxone Saturation Campaign (NAL-SAT)(layer 2), Medication for Addiction Treatment MAT in ED ( layer 3) and Project Connect (layer 4).	# screenings ; # and type of referrals; # pts coached by SBIRT Coach; Aggregate screening results for substance use types; # patients enrolled in Project Connect and f-up outcomes

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Huntington Hospital, Mather Hospital, Southside Hospital	Goal 2.4 Reduce the prevalence of major depressive disorders	By December 31, 2021 increase participation in programs which meet the need of patients, their families and community members as related to program outcome measures.	Strengthening resources for families and caregivers through Northwell support programs including The Center for Attention and Learning (CAL) at Lenox Hill Hospital; Staten Island University Hospital SIPPS Behavioral Health Infrastructure Project and Partnership for Community Wellness ;Northern Westchester Reframe Your Perspective Program, Center for Healthy Living and Community Care Team; Phelps Hospital Vitality Program; Northern Westchester Hospital's Center for Healthy Living and Reflect, Respect Rekindle Your Relationships Programs; Phelps Hospital Functional Medicine Program/ Holistic Pain Support Program; Northwell at Home Aging in Place and Senior Navigator Programs; Zucker Hillside Hospital NAMI Programming Partnership and Patient & Family Partnership Council; Southside Hospital's Wellness from Within Series and Long Island Against Domestic Violence Workshops; Mather Hospital's Healthy U Program; Lenox Hill Hospital/MEETH Accessibility Resources for People with Visual Impairments Series; Huntington Hospital YMCA as well as other Northwell support groups.	# programs;# participants; participant knowledge and behavioral outcomes
Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital, and Southside Hospital	Goal 1.2 Facilitate supportive environments that promote respect and dignity for people of all ages	By December 31, 2021, launch Northwell Health High School Prescription Drug Safety Network Program in Suffolk County increase knowledge, awareness and attitudes, perceptions of social norms and promote behavior change regarding drug use.	Launch in Suffolk County high schools an evidence-based digital prescription drug safety course that is tailored to individual user learning and contains interactive modules and outcome assessments.	Knowledge, awareness and attitudes, perceptions of social norms, behavior change regarding drug use participant and educator engagement and assessments



Community Served: Suffolk County NYS DOH Implementation Plan for the following hospitals: Huntington Hospital, Mather Hospital, Peconic Bay Medical Center, South Oaks Hospital and Southside Hospital in coordination with other Health System resources, including other partners, has addressed each significant health need identified through the Suffolk County CHNA report. The CHNA Implementation Strategy was conducted in fulfillment of the requirements of 501(r) of the Affordable Care Act applicable to a 501(c)(3) hospital organization.

Priority: Promote Healthy Women, Infants and Children

Focus Area: Maternal & Women's Health

Disparities: Focus on low income populations with health disparities

Northwell Hospital	Goal Focus Area	Objectives	Interventions	Family of Measures
Peconic Bay Medical Center, Southside Hospital	Focus Area 1: Maternal & Women's Health	By December 31, 2021, increase the percentage of newborns being discharged on breastfeeding by 10%.	Breastfeeding Friendly Hospital Initiative at Staten Island University Hospital, Lenox Hill Hospital, Forest Hills Hospital, Long Island Jewish Medical Center, North Shore University Hospital, Southside Hospital, Peconic Bay Medical Center, Phelps Hospital and Northern Westchester Hospital.	Track Baby-Friendly USA Evaluation Criteria Track # of families provided prenatal breastfeeding education
Southside Hospital	Focus Area 1: Maternal & Women's Health	By December 31, 2021, increase the utilization of Baby Cafes by 15%, increase the number of breast feeding friendly pediatric practices, worksites, community and daycare sites by 15%.	Expand the NYSDOH Pediatric Obesity Prevention: Creating Breastfeeding Friendly Communities that increases pediatric primary care provider, worksite, daycare and community promotion and support of breastfeeding to prevent pediatric obesity.	NYSDOH Pediatric Obesity Prevention: Creating Breastfeeding Friendly Communities tracking data

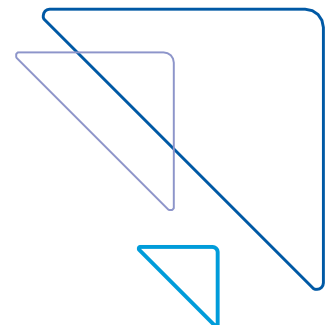
# Northwell Health awards and accomplishments

- 2019-2020 Best Hospitals, *US News & World Report*. Five Northwell Health hospitals achieved national rankings (Huntington Hospital, Lenox Hill Hospital, Long Island Jewish Medical Center, North Shore University Hospital, and Staten Island University Hospital). Three are among the top eight hospitals in New York State (NYS) and the metropolitan area (Lenox Hill, Long Island Jewish Medical Center and North Shore University Hospital).
- In a separate survey of the nation's best pediatric hospitals, Cohen Children's Medical Center earned Top 50 national rankings in nine pediatric specialties.
- 100 Best Companies to Work For, *Fortune*.
- 100 Best Workplaces for Diversity, recognized for the third consecutive year. The only healthcare provider in New York State to receive this recognition, *Fortune*.
- 150 Top Workplaces in Healthcare, *Becker's Hospital Review*.
- Top 50 Companies for Diversity, second place ranking nationally and first place in NYS, *DiversityInc*.
- World's Most Ethical Companies, Northwell Health ranks among 128 companies recognized for exemplifying and advancing corporate citizenship, transparency and the standards of integrity, *Ethisphere Institute*.
- Ambulatory Surgery Center of Excellence in Endovascular and Vascular Surgery, Northwell Health Endovascular Program, *Surgical Review Corporation*.
- Bariatric Surgery Center Accreditation, Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP): Huntington Hospital; Lenox Hill Hospital Long Island Jewish Forest Hills; Mather Hospital; Northern Westchester Hospital; North Shore University Hospital; Peconic Bay Medical Center; Staten Island University Hospital; Syosset Hospital
- Carolyn Boone Lewis Equity of Care Award, American Hospital Association.
- CEO Cancer Gold Standard Accreditation, CEO Roundtable on Cancer.
- Diagnostic Center of Excellence, Imaging Services, American College of Radiology (ACR).
- Emergency Communication Nursing Accredited Center of Excellence designation, Northwell Health Clinical Call Center, Board of Accreditation of the International Academies of Emergency Dispatch (IAED).
- Epilepsy Center Accreditation, National Association of Epilepsy Centers: Cohen Children's Medical Center, Comprehensive Epilepsy Center, Pediatric Level 4; North Shore University Hospital, Comprehensive Epilepsy Center, Adult Level 4; Lenox Hill Hospital, Comprehensive Epilepsy Center, Adult, Level 4; Southside Hospital, Epilepsy Monitoring Unit, Adult and Pediatric, Level 3
- Geriatric Emergency Department Accreditation, 17 Northwell Health EDs recognized. First Health System in the nation to receive this recognition, American College of Emergency Physicians (ACEP).
- LGBTQ Healthcare Equality- Ranked No. 3 Leader in the US and first in New York State, Human Rights Campaign Foundation Healthcare Equality Index: Twenty Northwell Health hospitals-25 facilities in all-received this designation.
- Minimally Invasive Gynecology Network of Excellence, SRC.
- Network of Excellence in Robotic Surgery, SRC.
- Pinnacle of Excellence, Press Ganey.
- Quality Oncology Practice Initiative (QOPI) Program Certification, an affiliate of the American Society of Clinical Oncology (ASCO): Imbert Cancer Center; Monter Cancer Center; Northwell Health Cancer Center at Huntington Hospital; Northwell Health Cancer Center at Phelps Memorial Hospital
- Stars of Life, American Ambulance Association. - Northwell Health Center for Emergency Medical Services (CEMS).
- Target: BP™ Gold Award and Check. Change. Control. Cholesterol™ Gold Award, Northwell Health Solutions, American Heart Association and American Medical Association.
- Verified Trauma Center, American College of Surgeons (ACS): Cohen Children's Medical Center, Level 1-Pediatrics; North Shore University Hospital, Level 1-Adult; Staten Island University Hospital, Level 1-Adult and Level 2-Pediatrics; Southside Hospital, Level 2-Adult; Huntington Hospital, Level 3-Adult;

# Mather Hospital awards and accomplishments

**Mather Hospital is an accredited 248-bed, non-profit community teaching hospital that has been providing a wide spectrum of high quality health care services to communities in the Town of Brookhaven and Suffolk County since 1929.**

- Accredited Practice Transition Program (ANCC)
- Bariatric Surgery Center Accreditation, Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP)
- Breast Imaging Center of Excellence (ACR)
- Center of Excellence in Robotic Surgery (SRC)
- Comprehensive Community Cancer Program (ACoS, CoC)
- Geriatric Emergency Department Accreditation (ACEP)
- Magnet® Designation for Nursing Excellence (ANCC)
- National Accreditation Program for Breast Centers (ACoS)
- National Hospital Organ Donation Campaign—Gold Recognition (HRSA)
- Stroke Gold Plus Recognition, Get With The Guidelines—Stroke (AHA)
- Target: Stroke Honor Roll—Elite, Get With The Guidelines—Stroke (AHA)
- Top A Ratings for Hospital Safety (Leapfrog)



**Michael A. Epstein**  
Chairman, Board of Trustees  
Northwell Health

**Michael J. Dowling**  
President and CEO  
Northwell Health

**Stephen Bello, PA**  
Senior Vice President and  
Regional Executive Director, Eastern Region

**Kenneth D. Roberts**  
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Mather Hospital

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